



*Thank you for trusting us with your health care!*

It is important to find a clinic that is both compassionate and professional while still maintaining a relaxing environment. Our philosophy is “**Tenderness with Technology**” and we strive to deliver individualized care with state of the art equipment. If this is your first time with us, welcome and thank you for choosing us! If you are an established patient, thank you for your continued loyalty!

We are staffed by eleven providers: six Board Certified Obstetricians/Gynecologists, three Certified Nurse Midwives, two Certified Family Nurse Practitioners, and one Certified Women’s Health Nurse Practitioner. While each of our providers strives to be available to their patients as needed, please be aware there may be times when you will need to see one of our other providers. All of our exam rooms are equipped with a state of the art ultrasound machine to ensure the highest quality of care. If you have health concerns that are out of our scope of practice, please be aware that we may refer you to the proper specialist to ensure you receive the best care.

We encourage you to follow our social media sites below and to look at our website, [www.colwc.com](http://www.colwc.com), for additional clinic and health information.

Due to the nature of our practice, there can be daily situations that require schedule changes and/or a delay in your appointment time. Because our providers can be called out for a delivery at a moment’s notice, please be prepared for a wait. Please note your appointment is scheduled for an allotted amount of time. Therefore, if there are multiple concerns you would like addressed, please prioritize them before arriving as you may be asked to make a follow-up appointment to continue our assessment & treatment.

**\*In order to ensure accurate records, we require paperwork to be updated frequently for all of our patients. If you have completed these forms in the past, we ask that you please complete them again simply to ensure we have your health history correct. Therefore, please fill out the enclosed forms (**both front & back of each page**) in either blue or black ink and bring them to your appointment along with the following:**

- **Your insurance card(s)**
- **A picture ID**
- **Your insurance copay**
- **A list of all of your current medications including the name, strength, and dosage of each. Please ensure the correct spelling of your medications.**

**This will help with the registration and check-in process. Please arrive at least 15 minutes early for your appointment.**

**Your appointment is on \_\_\_\_\_ at \_\_\_\_\_ am/pm with \_\_\_\_\_.**



Jed Naisbitt M.D. | David Bierer M.D | Julia Johansson M.D. | Wesley Davis M.D. | Robin Houpe M.D. | Jeffery Brown D.O.  
Machel Knowles C.N.M. | Kathleen Mark C.N.M. | Karen McBride C.N.M.  
Jessica Hess F.N.P. | Shannon Brennan F.N.P. | Kelli Mauric W.H.N.P.



Patient Information			
Name (Last, First Middle)		SSN #	Birthdate
Mailing Address		City, State, Zip	
Primary Phone & Type (ex. Cell)		Secondary Phone & Type (ex. Work)	Primary Care Provider
Marital Status	Smoker Yes / No	Race	Email Address
Employer		Emergency Contact (person not living with you)	
Occupation		Name	
Address		Relationship	
		Address (City/State Only)	
Work Phone		Phone Number	
Spouse (for patients who are married) or Guarantor Information (for patients under 18)			
Name (Last, First Middle)		SSN #	Birthdate
Mailing Address		City, State, Zip	
Primary Phone & Type (ex. Cell)		Secondary Phone & Type (ex. Work)	Race
Employer		Email Address	
Occupation			
Relationship to Patient			
Primary Insurance			
Name of Insurance Company		Policy #	
Name of Policy Holder		Group #	
Policy Holder Date of Birth			
Claim Address of Insurance Company		Copoly Amount	
City, State, Zip		Phone	
Relationship to Patient		Effective Date	
Secondary Insurance (if applicable)			
Name of Insurance Company		Policy #	
Name of Policy Holder		Group #	
Policy Holder Date of Birth			
Address of Insurance Company		Copoly Amount	
City, State, Zip		Phone	
Relationship to Patient		Effective Date	

{ } I have current insurance but I choose not to have my insurance billed or use my insurance benefits at this time. I understand that due to certain filing time constraints and pre-authorization requirements, I will be responsible for payment in full for the services rendered. I further release my provider of any obligations under my healthcare plan.

**Patient's Initials (only if this option applies):**

I agree that all of the information above is accurate and current. I realize my information may be shared with outside entities to assist with treatment, research, and/or collection of payment. I have read & agree to fully comply with the clinic's Financial Agreement.

My signature indicates I fully understand and agree to the above terms. I further grant authorization for treatment for all evaluations & procedures performed and allow the release of information as indicated above.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Circle of Life Women’s Center is happy you have chosen us for your care! To make your upcoming appointment more efficient for you as well as your provider, we ask that you fill out the following health history. **\*Please complete both the front & back of each page\*** You will notice it also includes areas for the problem you wish to address at your visit and your current medication & supplement list. Please bring this completed document to your appointment so that our staff may meet your needs more accurately. If you need additional space for any of the sections below, please attach a separate sheet. **\*Before being taken to our Registration area, this document will need to be completed in its entirety.**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_

What is the reason for your visit: \_\_\_\_\_

**MEDICAL HISTORY**

Please mark all that apply below.

\_\_\_ No Known Medical History Problems

	<u>You</u>	<u>Family</u>	<u>Details/Comments</u>
AIDS (HIV)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Anemia/Blood Disorder	<input type="checkbox"/>	<input type="checkbox"/>	_____
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blood Clots	<input type="checkbox"/>	<input type="checkbox"/>	_____
Blood Transfusions	<input type="checkbox"/>	<input type="checkbox"/>	_____
Breast Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Cancer (If yes, who & what type?)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Depression/Anxiety (If yes, family history of depression or suicide?)	<input type="checkbox"/>	<input type="checkbox"/>	_____
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____
Female/Sexual Problems	<input type="checkbox"/>	<input type="checkbox"/>	_____
Gall Bladder	<input type="checkbox"/>	<input type="checkbox"/>	_____
Heart Disease/Stroke/Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	_____
Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	_____
High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	_____
High Cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	_____
Infertility	<input type="checkbox"/>	<input type="checkbox"/>	_____
Kidney/Bladder/UTI	<input type="checkbox"/>	<input type="checkbox"/>	_____
Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Neurologic/Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>	_____
Psychiatric	<input type="checkbox"/>	<input type="checkbox"/>	_____
Pulmonary Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Rheumatic Fever	<input type="checkbox"/>	<input type="checkbox"/>	_____
Seasonal Allergies	<input type="checkbox"/>	<input type="checkbox"/>	_____
Sexual/Domestic Abuse	<input type="checkbox"/>	<input type="checkbox"/>	_____
Stomach or Bowel	<input type="checkbox"/>	<input type="checkbox"/>	_____
Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	_____
Varicose Veins	<input type="checkbox"/>	<input type="checkbox"/>	_____

**SUBSTANCE USE**

	<u>Yes</u>	<u>No</u>	Details/Comments
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tobacco	<input type="checkbox"/>	<input type="checkbox"/>	_____
Recreational Drugs	<input type="checkbox"/>	<input type="checkbox"/>	_____

**SEXUAL HISTORY**

	<u>Yes</u>	<u>No</u>
Have you ever been sexually active?	<input type="checkbox"/>	<input type="checkbox"/>
Sexual Concerns:		
Pain with intercourse	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding with intercourse	<input type="checkbox"/>	<input type="checkbox"/>
Have you had a new partner in the past year?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had any of the following STD's:		
Chlamydia	<input type="checkbox"/>	<input type="checkbox"/>
Genital Herpes	<input type="checkbox"/>	<input type="checkbox"/>
Gonorrhea	<input type="checkbox"/>	<input type="checkbox"/>
Hepatitis C	<input type="checkbox"/>	<input type="checkbox"/>
HPV (Cervical Dysplasia or Genital Warts)	<input type="checkbox"/>	<input type="checkbox"/>
Syphilis	<input type="checkbox"/>	<input type="checkbox"/>
Trichomonas	<input type="checkbox"/>	<input type="checkbox"/>
HIV	<input type="checkbox"/>	<input type="checkbox"/>
Other Sexual Concerns? _____		

**LIFESTYLE**

	<u>Yes</u>	<u>No</u>
Have you ever had a PAP test?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, have you ever had an abnormal PAP?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, did you have a Cryo Surgery (freezing of cervix)?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, did you have a Colposcopy (biopsy of cervix)?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a mammogram?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, when & where? _____		
If yes, results (if known)? _____		
Do you have breast implants?	<input type="checkbox"/>	<input type="checkbox"/>
Have you ever had a dexascan?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, when, where, & results? _____		
Have you ever had a colonoscopy?	<input type="checkbox"/>	<input type="checkbox"/>
If yes, when, where, & results? _____		
Do you perform monthly self breast exams?	<input type="checkbox"/>	<input type="checkbox"/>
Do you exercise on a regular basis?	<input type="checkbox"/>	<input type="checkbox"/>
How many hours of sleep do you receive each night? _____		
How often do you wake during the night? _____		

**MENSTRUAL HISTORY**

	<u>Yes</u>	<u>No</u>
Are you post menopausal?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had a hysterectomy?	<input type="checkbox"/>	<input type="checkbox"/>
Have you had an ablation?	<input type="checkbox"/>	<input type="checkbox"/>
When was the first day of your last period? _____		
What was your age of first menses? _____		
What is your interval between periods (# of days)? _____		
What is your length of your periods (# of days)? _____		
Do you have spotting in between your periods?	<input type="checkbox"/>	<input type="checkbox"/>
Do you have any abnormalities?	<input type="checkbox"/>	<input type="checkbox"/>
Excessive Bleeding	<input type="checkbox"/>	<input type="checkbox"/>
Pain	<input type="checkbox"/>	<input type="checkbox"/>
Unusual Discharge	<input type="checkbox"/>	<input type="checkbox"/>
Other Comments/Concerns: _____		

**BIRTH CONTROL**

Current Contraceptive Method:

- None
- Oral Contraceptive Pill
- IUD
- Depo Provera
- Nexplanon
- Nuvaring
- Condoms
- Tubal Ligation
- Essure
- Hysterectomy
- Post Menopausal
- Vasectomy
- Other: \_\_\_\_\_

How long have you used your current contraceptive method? \_\_\_\_\_

Are you satisfied with your current contraceptive method?    Yes    No

If no, explain? \_\_\_\_\_

Are you planning a pregnancy?    Yes    No    Uncertain

**SURGICAL HISTORY**

	<u>Yes</u>	<u>No</u>	Details/Complications
Cardiac Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
ENT (Ear/Nose/Throat) Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
Lung Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
Musculoskeletal Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____

	<u>Yes</u>	<u>No</u>	Details/Complications
GU (Genitourinary) Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
GI (Gastroenterology) Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
GYN (Gynecology) Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
Breast Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other Surgery	<input type="checkbox"/>	<input type="checkbox"/>	_____

### **PREGNANCY HISTORY**

Total # of Pregnancies: \_\_\_\_\_  
 # of Births at or past 37 weeks gestation: \_\_\_\_\_  
 # of Births less than 37 weeks gestation: \_\_\_\_\_  
 Forceps used?    Yes    No        Vacuum used?    Yes    No  
 # of Cesarean Deliveries: \_\_\_\_\_  
 # of Miscarriages: \_\_\_\_\_  
 # of Abortions: \_\_\_\_\_  
 Did you have any of the following pregnancy complications:

	<u>Yes</u>	<u>No</u>	Details/Comments
Preterm labor	<input type="checkbox"/>	<input type="checkbox"/>	_____
Recurrent pregnancy loss	<input type="checkbox"/>	<input type="checkbox"/>	_____
Still birth	<input type="checkbox"/>	<input type="checkbox"/>	_____
Gestational diabetes	<input type="checkbox"/>	<input type="checkbox"/>	_____
High blood pressure or pre-eclampsia	<input type="checkbox"/>	<input type="checkbox"/>	_____
Twins or triplets	<input type="checkbox"/>	<input type="checkbox"/>	_____
Abnormal bleeding	<input type="checkbox"/>	<input type="checkbox"/>	_____
Very large baby	<input type="checkbox"/>	<input type="checkbox"/>	_____
Growth restricted baby	<input type="checkbox"/>	<input type="checkbox"/>	_____
Birth defect	<input type="checkbox"/>	<input type="checkbox"/>	_____
Other complications	<input type="checkbox"/>	<input type="checkbox"/>	_____

### **MEDICATIONS**

Please list all of your current medications (prescribed & over the counter). Many medications have similar spelling so please confirm the list below with your actual medication bottles to ensure we update your records accurately. If you need additional space, please attach a separate sheet.

<b>Name</b> <i>(check spelling on bottle)</i>	<b>Dosage</b> <i>(strength)</i>	<b>Frequency</b> <i>(how often you take)</i>	<b>Route of Administration</b> <i>(ex. oral, injectable, etc.)</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**SUPPLEMENTS**

Please list all of your current supplements. Many supplements have similar spelling so please confirm the list below with your actual supplement bottles to ensure we update your records accurately. If you need additional space, please attach a separate sheet.

<b>Name</b> <i>(check spelling on bottle)</i>	<b>Dosage</b> <i>(strength)</i>	<b>Frequency</b> <i>(how often you take)</i>	<b>Route of Administration</b> <i>(ex. oral, injectable, etc.)</i>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**ALLERGIES**

Please list all of your current allergies:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**VACCINATIONS**

	<u>Yes</u>	<u>No</u>	<u>Unknown</u>
Have you ever been vaccinated for Hepatitis A or B?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you had a tetanus shot within the last 10 years?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Have you had the Gardasil series?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Please note your appointment is scheduled for an allotted amount of time. In order for us to remain on schedule, if there are multiple problems you need to address, please prioritize what you wish to discuss today. We will ask you to make a follow-up visit to continue our assessment & treatment for any remaining problems until we have assisted you with all of your concerns. Thank you for assisting us to give you our best & most efficient care!*