



Prenatal Testing

In trying to keep all of our patients up to date with standard recommendations in pregnancy & changes in technology, Circle of Life Women's Center would like you to understand the following:

During your prenatal care, multiple tests will be performed. We are providing this summarized document to help familiarize you with both the routine & optional testing as well as when to expect such tests.

***BEFORE your first prenatal appointment, we ask that you review the following information and bring this completed form with you to your first appointment. If you have additional questions, please ask your provider at your first prenatal appointment.**

Required Testing

Prenatal Panel Blood Work (drawn at first prenatal appointment):

CBC, Blood Type, RH, HIV, Hepatitis B and C, Antibody Screen, RPR, TSH, Rubella

Urine Culture (collected at first prenatal appointment)

Chlamydia/Gonorrhea (tested at first prenatal appointment)

1 Hour Glucose Screening (26 - 28 weeks gestation)

3 Hour Glucose Screening (only done if 1 Hour Glucose Screening is failed)

Group B Strep Culture (35 - 37 weeks gestation)

PIH panel (if needed for Pregnancy Induced Hypertension)

Pap Smear (if needed)

*For detailed information on the above routine testing, please visit: www.acog.org & search routine tests during pregnancy.

Approximate Cost: If billed to insurance \$1,200.00 & Self-Pay \$800.00

Optional Testing (Fetal and Maternal Genetic Testing)

*Please select one or more tests if you would like additional information OR select the opt-out box and bring this form to your next appointment.

The following tests screen for **fetal genetic chromosomal abnormalities**. Please talk with your provider to decide which test is most appropriate for you:

- Labcorp: A-Fetoprotein (AFP) Tetra Profile (15-20 weeks gestation). Tests for Trisomy 21, Trisomy 18, & Open Neural Tube Defects (ex. Spina Bifida). www.labcorp.com/tests. Approximate Cost: If billed to insurance \$100.00 & Self-Pay \$99.00.
- Labcorp: MaterniT 21 (≥ 10 weeks gestation). www.labcorp.com/tests. Approximate Cost: If billed to insurance \$1,100.00 & Self-Pay \$550.00.
- Counsyl: Informed Pregnancy Screen (≥ 10 weeks gestation). www.counsyl.com. Approximate Cost: If billed to insurance \$750.00 & Self-Pay \$350.00.
- Natera: Panorama (≥ 10 weeks gestation). www.natera.com. Approximate Cost: If billed to insurance \$700.00 (only in-network with Aetna, Cigna, and United Healthcare) & Self-Pay \$200.00 or less. (Cannot be performed on twins or maternal weight over 200 lbs.)

***MaterniT 21, Informed Pregnancy Screen, or Panorama are recommended for Advanced Maternal Age (35 yrs. or older at time of delivery), and/or history of genetic abnormalities.**



The following tests are **maternal screenings for carrier genes of inherited diseases – specifically Cystic Fibrosis & Spinal Muscular Atrophy (SMA)**. All options below can be done any time prior to conception and/or at any time during pregnancy. Please talk with your provider to decide which test is most appropriate for you:

- Labcorp: InheriTest. www.labcorp.com/tests. Approximate Cost: If billed to insurance no more than \$2,592.00 & Self-Pay \$1,296.00.
- Counsyl: Family Prep Screen. www.counsyl.com. Approximate Cost: If billed to insurance up to \$1,900.00 depending on what is ordered & Self-Pay \$350.00.
- Natera: Horizon. www.natera.com. Approximate Cost: If billed to insurance \$1,000.00 (only in-network with Aetna, Cigna, and United Healthcare) & Self-Pay \$200.00 or less.

I will review the different testing offered with my provider and have my questions answered before services are rendered. I recognize that while these tests are useful in determining possible abnormalities, they are not intended to detect all birth defects and detectable birth defects can be and are missed. The optional tests are screenings only and I understand that these optional tests cannot detect all abnormalities that can occur in pregnancy. I also realize that a positive result is not a 100% guarantee of an abnormality related to my unborn baby. In the instance of a positive result, additional measures will be taken to ensure proper care of myself and my unborn baby.

- I voluntarily am opting out of all optional testing.

I realize that I could be responsible for more lab bills than what it costs for my pregnancy in considering all of the new lab options that are available. All blood work, cultures, and pathology are billed through outside labs. I am aware that my information will be shared with outside entities to assist with treatment, care, and/or collection of payment. I realize that even though these are the companies that Circle of Life recommends and uses, they may not be in-network with my insurance company. I understand that these charges are separate from Circle of Life Women's Center and are not included in clinic prices. I agree that prices quoted to me are an estimate only and may not reflect the amount that I am responsible for. I understand that it is my responsibility to check benefits with my insurance company and that I am responsible for any balances left to me by my insurance company. Please contact the lab companies above directly for additional billing and/or insurance benefit questions. Circle of Life's providers and office staff cannot guarantee insurance coverage on any type of service and therefore it is strongly recommended that insurance benefits are verified by the patient before services are rendered.

My signature indicates I fully understand and agree to the above terms. I authorize payment of my insurance benefits directly to the laboratory facility used for services and understand that all billing matters will be handled with the servicing company. I am aware that if any problems occur with the billing of these services, I will need to contact the outside companies directly as Circle of Life is not affiliated with these companies.

Print Patient Name

Patient Signature

Today's Date